

# Yohden Primary School



## 7th January 2022

*Believe, Learn, Aspire, Achieve*



Dear Parents

Happy New Year and welcome back!

It has been lovely to see the children back in school and hearing about what they have been up to over the holidays.

I know we have returned to school with cases of COVID high in the area, which we know is worrying. In school we continue to implement the measures we have had in place since the start of the year to help keep everyone in school safe.

The staff and myself look forward to a spring term filled with learning, great experiences and fun!

Mrs Harrison

### Home Learning

As we are at the start of a new term please can I remind everyone of our home learning expectations.

Reading—To read at least 3 times a week with an adult

Spelling—Weekly spellings or spelling rules to be practised. A copy of these can be found on your child's class page on Class Dojo.

Lexia— Complete at least 20 minutes of time on Lexia over the week

Numbots or Timestable Rockstars—Complete the assigned activities from your class teacher.

**It is important that all children complete this work to help them become fluent readers, confident spellers and capable mathematicians.**



## After School Clubs



### After School Clubs

After school clubs will recommence from Monday 18th January. As we have grouped classes together ie Rec, Year 1 and 2 clubs will be more limited than last term to ensure the groups are kept together.

Further details will be sent out next week.

After school childcare provision is available Tuesday, Wednesday and Thursday til 5pm. If you would like more information or to book a place please speak to the school office.

## Keys to Success

During the autumn term we focused on Resilience and being Kind.

This half term our focus key is being Respectful.



## Swimming

Swimming lessons for Years 4 and 6 commence on Monday 10th January.



## Zones of Regulation

Starting from next week we will be introducing The Zones of Regulation. This work focuses on looking at what feelings are and what they look like in ourselves and others. As the programme continues the children will look at ways to help them cope with different emotions.

All classes will begin by looking at the 4 zones and the types of feelings that are associated with each colour. Please see the picture below for an overview.

### The **ZONES** of Regulation®

|  |   |  |  |
|--|---|--|--|
|  |   |  |  |
| <b>BLUE ZONE</b><br>Sad<br>Sick<br>Tired<br>Bored<br>Moving Slowly | <b>GREEN ZONE</b><br>Happy<br>Calm<br>Feeling Okay<br>Focused<br>Ready to Learn | <b>YELLOW ZONE</b><br>Frustrated<br>Worried<br>Silly/Wiggly<br>Excited<br>Loss of Some Control | <b>RED ZONE</b><br>Mad/Angry<br>Terrified<br>Yelling/Hitting<br>Elated<br>Out of Control |



## Upcoming Dates

**Monday 10th January** Year 4 and 6 start swimming lessons

**Monday 17th January** After School clubs restart—see separate letter

**Friday 4th February** Chinese New Year celebrations

**Wednesday 9th February** Safer Internet Day

**Friday 18th February** Privilege Day

**Friday 18th February** Break up for half term

**Monday 28th February** Children return to school

**Friday 4th March** World Book Day—please not date change

**Friday 18th March** Comic Relief

**Friday 8th April** Privilege Day

**Friday 8th April** Break up for Easter

**Monday 25th April** Children return to school